



Guidance for Parents on Infection Control at Gosfield School

Recommendations issued by the Health Protection Agency (2010)

CONDITION	RECOMMENDED PERIOD TO BE KEPT AWAY FROM SCHOOL	COMMENTS
Chicken Pox	Five days from onset of rash and all the lesions have crusted over	Please alert the school (risk to pregnancy and vulnerable students)
Conjunctivitis	None	Seek GP advice
Diarrhoea and vomiting illness	48 hours from last episode of diarrhoea or vomiting	Exclusion from swimming should be for 2 weeks following last episode of diarrhoea
Fever (temperature above 38°/100.4F)	Keep off school until temperature returns to normal	
Flu (Influenza)	Until recovered	Flu is very infectious and most likely to spread in the first 5 days
German Measles	Four days from onset of rash	Please alert the school (risk to pregnancy and vulnerable students)
Glandular Fever	Until recovered You should feel better within 2 to 3 weeks. Some people might feel extremely tired for months.	Seek GP advice. A blood test may be required to confirm it's Glandular Fever.
Hand foot and mouth	Until they feel well enough to return	If a large number of children are affected, exclusion may be considered
Head lice	None	Seek Pharmacist/GP advice, treatment recommended only when live lice are seen
Impetigo	Until lesions are crusted or healed or 48 hours after starting antibiotic treatment	Antibiotic treatment speeds healing and reduces the infectious period
Measles	Four days from onset of rash and recovered	Preventable by vaccination with 2 doses of MMR. Seek GP advice. Please alert the school (risk to pregnancy and vulnerable students)
Mumps	Five days after onset of swelling	Preventable by vaccination with 2 doses of MMR
Rubella (German	Five days from onset of rash	Preventable by vaccination with 2 doses

measles)		of MMR Please alert the school (risk to pregnancy and vulnerable students)
Scarlett Fever	Exclude until 24 hours after starting antibiotics or, if not taking antibiotics, until the fever has gone Seek GP advice	A person is infectious for 2-3 weeks if antibiotics are not administered Please alert the school (risk to pregnancy and vulnerable students)
Shingles	Exclusion from school until rash has stopped oozing fluid	Seek GP advice Can cause Chickenpox in those who are not immune Takes up to 4 weeks for rash to heal Please alert the school (risk to pregnancy and vulnerable students)
Slapped Cheek	Exclusion not necessary after the rash has appeared	Seek GP advice Please alert the school if you think your child has had slapped cheek syndrome
Tonsillitis	None	Symptoms last around 3-4 days
Warts and Verrucae	None	Seek GP advice Verrucae should be covered in swimming pools, gyms and changing rooms
Whooping Cough (Pertussis)	48 hours from starting antibiotic treatment or 3 weeks after cough started if you are not receiving antibiotic treatment.	Preventable by vaccination
Corona Virus	If positive for COVID-19 try and stay home and avoid contact with people for 3 days after the day the test was taken.	Children can go to school with mild symptoms such as a runny nose or sore throat. No longer a requirement to do a COVID-19 rapid lateral flow test.

Signed _____
Mr Rod Jackson, Principal



Date _____

7/10/24

Date of next review: October 2026