

Summer Term 2017/18

Menu - Week 1



ESTABLISHED 1929

Gosfield School

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Course	Traditional Sausages served with Yorkshire Pudding & Gravy	Chicken Fajitas served with Soured Cream & Salsa	Roast Pork served with Sage & Onion Stuffing & Pigs in Blankets	Chicken & Mushroom Pie	Fried Fish in Batter served with Tartare Sauce & Lemon
Dairy Free	Traditional Sausages	Chicken Fajitas served with Salsa	Roast Pork served with Sage & Onion Stuffing & Pigs in Blankets	Chicken & Mushroom Pie	Beefburgers, Jumbo Fish Fingers or Fish Dippers
Vegetarian	Macaroni Cheese	Crispy Quorn Fillet served with Sweet & Sour Sauce	Mexican Quorn Burritos served with Soured Cream Salsa	Quorn Sausage Toad in the Hole	Cheese, Chive & Red Pepper Tart
Vegetables	Creamed Potatoes Sliced Carrots Garden Peas	Jacket Wedges Roasted Vegetables Sweetcorn	Roast Potatoes Savoy Cabbage Mixed Vegetables	Baby New Potatoes Cut Green Beans Baton Carrots	Chipped Potatoes Garden Peas Baked Beans
Light Bite	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Cheddar Cheese Flatbreads	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans
Salad Choices	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread
Dessert	Rhubarb Crumble served with Custard Iced Lemon Drizzle Cake Fruit Yoghurts Fresh Fruit Jelly	Chocolate Sponge served with Chocolate Sauce Flapjack Fruit Yoghurts Fresh Fruit Jelly	Strawberry Cheesecake Jam Tart served with Custard Fruit Yoghurts Fresh Fruit Jelly	Syrup Sponge served with Custard Assorted Cookies Fruit Yoghurts Fresh Fruit Jelly	Arctic Roll Chocolate Brownie Fruit Yoghurts Fresh Fruit Jelly

A co-educational independent through school

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Menu - Week 2



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Gosfield School

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Course	Pasta Carbonara served with Garlic Bread	Crispy Chicken Fillet served with Sweet & Sour Sauce	Roast Turkey served with Yorkshire Pudding & Cranberry Sauce	Cottage Pie	Fried Fish in Batter served with Tartare Sauce & Lemon
Dairy Free	Penne in Tomato & Basil Sauce	Crispy Chicken Fillet served with Sweet & Sour Sauce	Roast Turkey	Cottage Pie	Traditional Sausages, Jumbo Fish Fingers Or Fish Dippers
Vegetarian	Veggie Bolognese served with Spaghetti	Samosa served with Vegetable Curry & Long Grain Rice	Mozzarella, Roasted Vegetables & Basil Puff Pastry Slice	Quorn Lasagne served with Garlic Bread	Veggie 1/4 pounder served with Cheese
Vegetables	Broccoli Sweetcorn	Herby Diced Potatoes Garden Peas Sliced Carrots	Roast Potatoes Savoy Cabbage Mixed Vegetables	Cauliflower Cut Green Beans	Chipped Potatoes Garden Peas Baked Beans
Light Bite	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Penne with Tomato & Basil Sauce	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans
Salad Choices	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread
Dessert	Chocolate & Orange Marble Cake Rocky Road Biscuits Fruit Yoghurts Fresh Fruit Jelly	Apple & Fruits of the Forest Crumble served with Custard Assorted Muffins Fruit Yoghurts Fresh Fruit Jelly	Peach Crumble served with Custard Ring Doughnuts Fruit Yoghurts Fresh Fruit Jelly	Iced Swiss Bun Treacle Tart Fruit Yoghurts Fresh Fruit Jelly	Assorted Ice-Creams Iced Toffee Squares Fruit Yoghurts Fresh Fruit Jelly

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Menu - Week 3



ESTABLISHED 1929

Gosfield School

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main Course	Chilli Con Carne served with Tortillas & Soured Cream	BBQ Chicken Thighs	Pulled Pork in a Bap with Mayo & Iceberg	Turkey Meatballs served in Tomato & Basil Sauce & Spaghetti	Fish in Batter served with Tartare Sauce & Lemon
Dairy Free	Chilli Con Carne served with Tortillas	BBQ Chicken Thighs	Pulled Pork	Turkey Meatballs Served with Tomato & Basil Sauce & Spaghetti	Traditional Sausages, Jumbo Fish Fingers or Dippers
Vegetarian	Mushroom Stroganoff	Quorn Tikka Masala Served with Basmati Rice	Cheese, Red Onion & Mushroom Quiche	Fishermans Pie	Deep Fried Breaded Brie
Vegetables	Long Grain Rice Mixed Vegetables Cauliflower	Jacket Potatoes Saute Courgettes & Mixed Peppers	Herby Diced Potatoes Garden Peas Sliced Carrots	Sweetcorn Broccoli Florets	Chipped Potatoes Garden Peas Baked Beans
Light Bite	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Penne in Tomato & Fresh Basil sauce	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Cheddar Cheese Flatbreads	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans
Salad Choices	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread
Dessert	Chocolate & Mandarin Sponge Shortbread Fruit Yoghurts Fresh Fruit Jelly	Queen of Puddings served with Cream Assorted Cookies Fruit Yoghurts Fresh Fruit Jelly	Frosted Carrot Cake Butterscotch Tart Fruit Yoghurts Fresh Fruit Jelly	Sticky Toffee Pudding with Sauce Raspberry Mousse Fruit Yoghurts Fresh Fruit Jelly	Iced Chocolate Sponge Blackberry & Meringue Crush Fruit Yoghurts Fresh Fruit Jelly

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