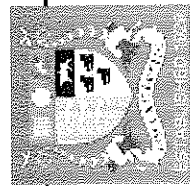


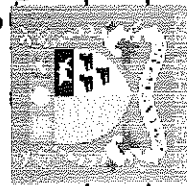
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
MAIN COURSE	Pasta Carbonara served with Garlic Bread	Shepherds Pie	Roast Beef served with Yorkshire Pudding	Crispy Breaded Chicken Fillets served in a Bun or Sweet & Sour Sauce	Fried Fish in Batter served with Tartare Sauce & Lemon
DAIRY FREE	Penne with Crispy Bacon served in Tomato & Basil Sauce	Shepherds Pie	Roast Beef	Crispy Breaded Chicken Fillets	Traditional Sausages, Jumbo Fish Fingers Or Fish Dippers
VEGETARIAN	Quorn Bolognese served with Spaghetti	Quorn Sausage Toad in the Hole	Tortellini Ricotta	Mushroom, Spinach & Mozzarella Wellington	Vegetarian Sausage Roll
VEGETABLES	Sliced Carrots Sweetcorn	Creamed Potatoes Diced Swede Cut Green Beans	Roast Potatoes Savoy Cabbage Mixed Vegetables	Herby Diced Potatoes Sweetcorn Baton Carrots	Chipped Potatoes Garden Peas Baked Beans
LIGHT BITE	Jacket Potato served with Tuna Mayo , Cheese or Baked Beans	Penne served with Tomato & Red Onion Sauce	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans	Jacket Potato served with Tuna Mayo , Cheese or Baked Beans
SALAD CHOICES	Self service bar with a selection of salad and main course items	Self service Salad bar with a selection of salad and main course items	Self service Salad bar with a selection of salad and main course items	Self service Salad bar with a selection of salad and main course items	Self service Salad bar with a selection of salad and main course items
DESSERT	Rhubarb Crumble served with Custard Iced Beetroot Cake Fruit Yoghurts Fresh Fruit Jelly	Rice Pudding served with Jam Iced Citrus Sponge Fruit Yoghurts Fresh Fruit Jelly	Jam & Coconut Sponge served with Custard Iced Swiss Fingers Fruit Yoghurts Fresh Fruit Jelly	Sticky Toffee Pudding served with Sauce Assorted Muffins Fruit Yoghurts Fresh Fruit Jelly	Iced Chocolate Sponge Ring Doughnuts Fruit Yoghurts Fresh Fruit Jelly
					WINTER 2019



School

Gosfield

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
MAIN COURSE	Chilli Con Carne served with Rice	Hunters Chicken	Honey-Roast Gammon served with Yorkshire Pudding	Macaroni Cheese served with Crispy Bacon & Garlic Bread	Fish in Batter served with Tartare Sauce & Lemon
DAIRY FREE	Chilli Con Carne	Chicken wrapped in Bacon	Honey-Roast Gammon	Penne served in Tomato Sauce	Traditional Sausages, Jumbo Fish Fingers or Dippers
VEGETARIAN	Cheese & Tomato Puffs	Quorn Fajitas served with Nachos & Soured Cream	Cheese, Red Onion & Mixed Pepper Tart	Macaroni Cheese	Deep-Fried Breaded Brie
VEGETABLES	Saute Courgettes & Mixed Peppers Sweetcorn	Rosti Potatoes Cut Green Beans Sliced Carrots	Roast Potatoes Roast Parsnips Savoy Cabbage	Mixed Vegetables Cauliflower Florets	Chipped Potatoes Garden Peas Baked Beans
LIGHT BITE	Jacket Potato with Tuna Mayo, Cheddar Cheese or Baked Beans	Penne in Tomato & Basil Sauce	Jacket Potato with Tuna Mayo, Cheddar Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheddar Cheese or Baked Beans	Jacket Potato with Tuna Mayo or Cheese or Baked Beans
SALAD CHOICES	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread	Self service Salad bar with a selection of salad and main course items Homemade Bread
DESSERT	Banana Bread & Butter Pudding served with Custard Iced Marble Cake Fruit Yoghurts Fresh Fruit Jelly	Oaty Peach Crumble served with Custard Rocky Road Fruit Yoghurts Fresh Fruit Jelly	Syrup Sponge served with Custard Cookies Fruit Yoghurts Fruit Jelly	Cherry Pie served with Custard Chocolate Brownie Fruit Yoghurts Fresh Fruit Jelly	Chocolate & Orange Flapjack Apple Tarte Tatin served with Cream Fruit Yoghurts Fresh Fruit Jelly
					WINTER TERM 2019



School

CASHIERS

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
MAIN COURSE	Traditional Sausages served with Yorkshire Pudding	Chicken Korma served with Mango Chutney & Poppadoms	Pulled Pork served in a Bap with Mayo & Iceberg	Turkey Meatballs in a Tomato Sauce served with Spaghetti	Fried Fish in Batter served with Tartare Sauce & Lemon
DAIRY FREE	Traditional Sausages	Chicken Korma	Pulled Pork	Turkey Meatballs	Beefburger served with Cheese, Jumbo Fish Fingers or Fish Dippers
VEGETARIAN	Vegetable Curry served with Rice	Quorn Lasagne	Nacho Quorn Fillet	Fishermans Pie	Vegetable Spring Rolls
VEGETABLES	Creamed Potatoes Sliced Carrots Cut Green Beans	Broccoli Florets Garden Peas	Jacket Wedges Sweetcorn Baton Carrots	Mixed Vegetables Cauliflower Florets	Chipped Potatoes Garden Peas Baked Beans
LIGHT BITE	Jacket Potato served with Tuna Mayo or Cheese or Baked Beans	Cheese Melt or Tuna Melt Paninis	Jacket Potato served with Tuna Mayo or Cheese or Baked Beans	Jacket Potato served with Tuna Mayo or Cheese or Baked Beans	Jacket Potato served with Tuna Mayo, Cheese or Baked Beans
SALAD CHOICES	Self service Salad bar with a selection of salad & main course items	Self service Salad bar with a selection of salad & main course items	Self service Salad bar with a selection of main course items	Self service Salad bar with a selection of main course items	Self service Salad bar with a selection of main course items
DESSERT	Treacle Tart served with Custard Iced Lemon Drizzle Cake Fruit Yoghurts Fresh Fruit Jelly	Chocolate Sponge & Chocolate Sauce Cherry & Coconut Flapjack Fruit Yoghurts Fresh Fruit Jelly	Jam Roly Poly served with Custard Iced Toffee Squares Fruit Yoghurts Fresh Fruit Jelly	Eves Pudding served with Custard Banoffee Pie Fruit Yoghurts Fresh Fruit Jelly	Iced Vanilla Sponge Chocolate Chip Cookies Fruit Yoghurts Fresh Fruit Jelly
					WINTER 2019