

Revision techniques

How do I usually revise for tests?

What can I do to make revision time more efficient?

1. Make a revision timetable

Here's an example for *one* weekend:

	<i>Morning</i>	<i>Morning</i>	<i>Afternoon</i>	<i>Evening</i>
<i>Saturday</i>	Football	Maths; geography	Science; RE	Video
<i>Sunday</i>	English; tech	Lunch at gran's	Still at gran's	French; history

Fill in leisure, relaxation and family commitments

Put in some sessions that you can devote to revision

Share out the available revision sessions between your subjects

Allow extra sessions if you know some subjects will take longer than others

Vary the subjects - don't do all your Maths revision on day one!

2. Timing

The ideal length to revise one topic is **25 to 45 minutes**. Take regular breaks.

3. Space

Have a quiet space to study. Avoid distractions (Tv / phone / Internet)

4. Make revision active

Visual (I like to see) Use colours Mind-maps Flowcharts Sketches

Auditory
(I like to listen)

Watch videos

Record yourself and listen to the recording

Use music / Sing it

Explain it to someone else

Physical
(I like to move)

Use sticky notes around a room

Associate key words with movements or parts of the body with

Other strategies:

I am going to try:

5. Use online resources

- Quizlet (look up a set or create your own)
- Tassomai (Science)
- PixL Maths
- Videos - BBC bitesize

6. Treats

Believe in yourself - you **CAN** do it

Plan regular breaks with treats

Feed your brain: Fresh fruit, water, fish and vegetables give you brain power!